

Drop-In Skating Guidelines

All Drop-in sessions:	• Must pay at reception and provide proof of payment to attendants • Must wait for attendant to open the gate before entering ice • No sitting on the boards • Food or drink not permitted on the ice • No throwing snowballs • No outside coaching
Everyone Welcome:	• No spikes • Must follow flow of traffic • No entry in penalty boxes or players benches • No sitting or standing on skate aids • Patrons must keep skating aids within beginner area • No hockey sticks • No carrying children • Strollers and wheelchairs are allowed ○ Child must be buckled in ○ Helmets strongly recommended ○ Children 2+ must wear skates in upright stroller
Stick & Puck: *NEW* Goalies:	• Reserved drop in – <i>can register up to 7 days prior @ 7:30am</i> • You must check in with reception and the skate attendant before going on the ice to validate your reservation. • No scrimmages, drills, or passing down the ice • Helmet, hockey gloves, stick, hockey skates and appropriate clothing is mandatory • Gates must be kept closed during session • Please keep the front and behind the net clear • Players benches and penalty boxes are available for rest periods • No Slap shots. Snap shots and wrist shots only - Full gear required - Maximum 2 goalies registered – in separate registration - ie. Skate - Stick & Puck Reserved Drop In 19yrs+ Goalie - Goalies must take turns in one net, and keep the other net open at all times. Please be respectful in taking turns. - If registered as a skater and there are no spots left in Goalie, you must participate as a skater. - <i>Call reception if you have further questions: 250-475-5400</i>
Parent & Child Hockey Social:	• Parent mandatory on ice – up to 2 kids per parent • Ages 5-10 years old • No spikes • Sponge pucks only • Helmets mandatory – cages and gloves mandatory for kids • No slapshots • No scrimmages or drills
Parent & Tot Ice Play:	• Up to 6 years old • Parent mandatory on ice with children • Spikes are allowed ○ Attendants will use discretion to adapt rule as deemed necessary (ie. If session is busy) • No carrying children • Sponge pucks only • Toys are available for use
Adult Skate:	• No hockey sticks • Must follow flow of traffic • No high-level figure skating skills ○ Attendants will use discretion to adapt rule as deemed necessary (ie. If session is busy)
Adult Figure Skate:	• Figure skating etiquette applies: ○ Spins practiced in the centre of the ice ○ Jumps practiced on the ends of the ice